



Welcome to your Discovery Box

Here you will find an array of exciting activities and fun facts to prepare you for your next unit of study.

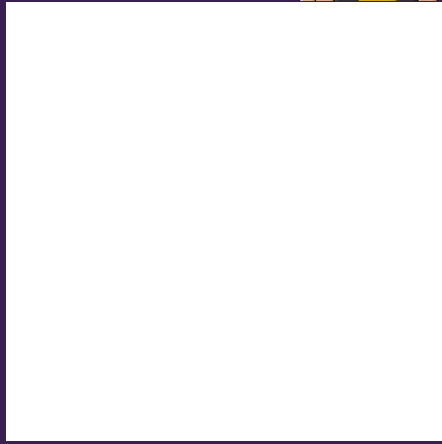
Inside this Discovery Box you will find:

- fun facts and information
- craft activities
- puzzles and games
- a recommendation of books to look for in the library.

We hope you find these activities engaging and entertaining, but most of all that they make you **curious** to learn more.

Who was Alfred the Great?

Use the internet and books to research this individual.



DiscoveryBox

Have a go at baking Anglo-Saxon honey oat cakes.
These are easy to make and very tasty. Serves 10–15 people.

Anglo-Saxon honey oat cakes

Time: 30 minutes

Medium

Ingredients:

350 grams rolled oats
(whole rolled oats if possible)
225 grams butter
225 grams honey
Pinch of salt



Method:

1. Melt the butter in a medium-sized saucepan.
2. Add the salt, honey, and oats and stir until they are well mixed.
3. Line a baking tray with greaseproof paper or a little butter.
4. Spoon the mixture out onto a greased baking tray and press it down well.
5. Bake at 170°C for 30 minutes or until golden brown.
6. Cool for a few minutes then mark into squares while still warm and serve when cold.

Fun facts about the Anglo-Saxons

The Anglo-Saxons ruled Britain between 410CE and 1066. Here are some facts about them:



1. The Anglo-Saxons were made up of three big groups: the Angles, the Saxons, and the Jutes.
2. The Anglo-Saxons travelled from Denmark, the Netherlands, and Germany.
3. The Anglo-Saxons didn't like the Roman buildings, so they created their own villages when they settled.
4. The Anglo-Saxons were pagans who believed in gods such as Woden, god of war and wisdom.
5. Augustine, a monk, helped convert the Anglo-Saxons to Christianity.
6. Because the water was polluted, the Anglo-Saxons drank watered-down beer instead of water daily!
7. Alfred the Great learned Latin so he could translate books into English to promote education.
8. Sutton Hoo was a big archaeological discovery made in 1939. It uncovered an Anglo-Saxon burial ground!



Write with Anglo-Saxon runes

The Anglo-Saxons wrote using runes.
Below you can see the Anglo-Saxon alphabet.



Can you write your name?

Can you write a message?

Can you solve this word search?



ALFRED

ANGLES

ANGLO-SAXON

AUGUSTINE

CHRISTIANITY

DENMARK

FRIGE

GERMANY

GOD

HELMET

JUTES

MEAD

PAGAN

SAXONS

SUTTON HOO

WODEN

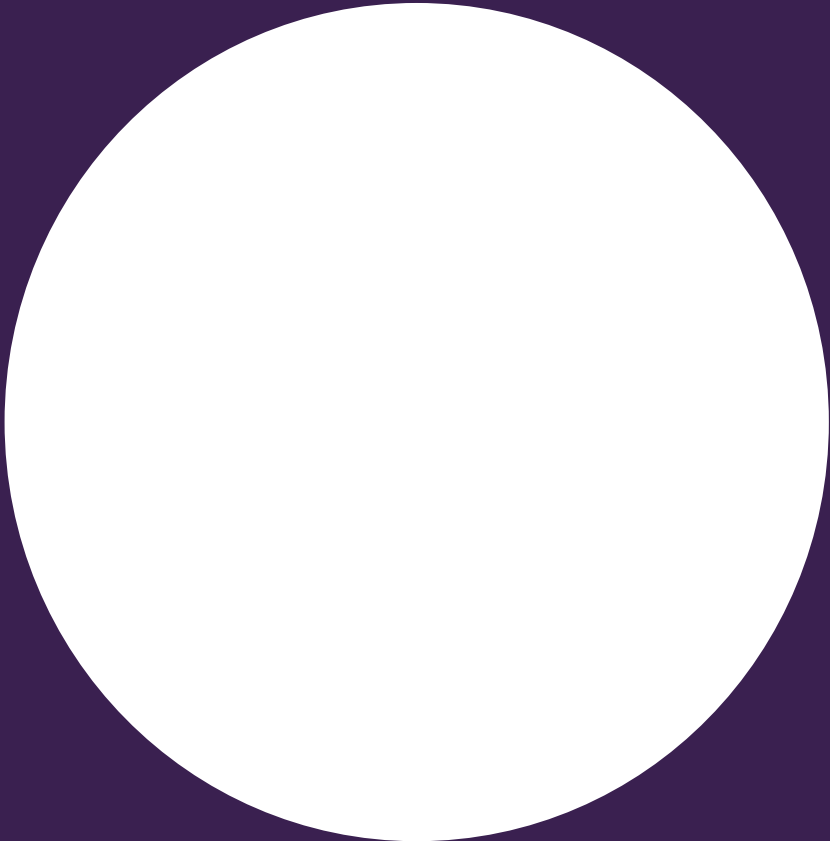
Design a brooch

The Anglo-Saxons were excellent jewellers.

Here's an example of a brooch designed from the time.



Can you design and colour a brooch?



DiscoveryBox

Writing riddles

The Anglo-Saxons loved riddles. They used to tell them at big feasts—as well as stories and poems too. Not only did they entertain each other with riddles, but riddles were also a great way for children to learn language. Adults would join in too! Many famous riddles were written down so we can still enjoy them today.

A riddle is a type of poem that works like a puzzle.

Riddles describe something and sometimes use words with a double meaning.

Can you guess what these riddles are describing?

I have a face and two hands but no arms or legs. What am I?

I have to be broken before you can use me. What am I?

The more I dry, the wetter I get. What am I?

Try writing your own riddle. Can someone try to guess what it describes?

Answers: clock, egg, towel

DiscoveryBox

Investigate!

Here are some images of the artefacts found at an Anglo-Saxon burial ground at Sutton Hoo.

What can you find out about Anglo-Saxon burial grounds?

Mind map your findings here:



Anglo-Saxon burial grounds

Recommended reading



Anglo-Saxons by Izzi Howell

Anglo-Saxons by Ladybird

History Year by Year: A journey through time, from mammoths and mummies to flying and facebook by DK

Horrible Histories: Smashing Saxons by Terry Deary and Martin Brown

